



MAR THOMA DIOCESAN SUNDAY SCHOOLS
DIOCESE OF NORTH AMERICA AND EUROPE

Grade 7 - 2022 Diocesan Examination

Time: 90 Minutes

Maximum Score: 100 Points

Section 1: Multiple Choices

Circle the most appropriate response for the following questions. (25 x 1 = 25 Points)

1. _____ was referred to as Holy because they were separated from other nations as servants of God. **(L5 P23)**
 - a. **Israel**
 - b. Egypt
 - c. Jerusalem
 - d. Jordan

2. Which of the following are promises God made in the Abrahamic covenant? **(L3 P17)**
 - a. Promise of Land
 - b. Promise of descendants
 - c. Promise of blessings and redemption
 - d. **All the above**

3. The word “Holy” used in Deut.: 7.6 comes from the Hebrew word _____. **(L5 P23)**
 - a. Trinity
 - b. Exalted
 - c. Ecclesia
 - d. **Qadosh**

4. Caleb belonged to the tribe of _____. **(L6 P28)**
 - a. Jerusalem
 - b. Egypt
 - c. **Judah**
 - d. Israel

5. Seraphs touched Isaiah’s _____ with burning coal. **(L8 P42)**
 - a. Ears
 - b. Feet
 - c. Heart
 - d. **Mouth**

6. God banished Adam and Eve from the Garden of Eden because he did not want them to eat the fruit from this tree. **(L2P10)**
 - a. Tree of knowledge
 - b. **Tree of life**
 - c. Tree of virtue
 - d. Tree of happiness

7. What is the meaning of the name “Esther”? (L10 P53)
- Beautiful one
 - Star**
 - Goddess
 - Princess
8. In Ephesians 2: 18 Paul states that “for through him both of us have access in one Spirit to the Father” Who is the ‘both of us’ that the apostle Paul is referring to here? (L5P25)
- Other Israelites
 - Gentiles and uncircumcised
 - Israelites and Gentiles**
 - Other circumcised
9. Caleb was _____ years old when Moses sent him from Kadesh-barnea, to spy out the land and he was _____ years old when he inherited the promised land. (L6P29)
- Twenty; Sixty-five
 - Thirty-eight; Eighty-three
 - Forty; Eighty-five**
 - Ten; Fifty-five
10. _____ comes from Hebrew meaning “God is my judge”. (L11 P58)
- Nebuchadnezzar
 - Mordecai
 - Meshach
 - Daniel**
11. Who was king when the prophet Isaiah received his calling to minister to the people of Judah? (L8 P45)
- Jotham
 - Uzziah**
 - Ahaz
 - Hezekiah
12. How did Jezebel kill Naboth? (L12 P65)
- Stoned him to death**
 - Poisoned Naboth
 - Tied him up
 - Crucified Naboth
13. What was Esther’s Jewish name? (L10 P58)
- Miriam
 - Delilah
 - Deborah
 - Hadassah**

14. In the book of Daniel, we read that he was given a Babylonian name. What was that Babylonian name? (L11P63)
- Abednego
 - Shadrach
 - Belteshazzar**
 - Meshach
15. The other name for King Ahasuerus is _____. (L10 P59)
- Xerxes**
 - Ahab
 - Mordecai
 - Haman
16. Angel asked _____, a man from Caesarea, to go to Joppa and meet Peter. (L24 pg 125)
- Timothy
 - Caesar
 - Anthony
 - Cornelius**
17. The Greek word “Parakletos” translates as _____. (L15 P87)
- Prophecy
 - Father
 - Parable
 - Holy Spirit**
18. _____ means “putting things side by side”. (L14 P76)-- P 83
- Confession
 - Adoration
 - Atonement
 - Parable**
19. Jesus was angry at the _____ who made the temple a marketplace. (L17 P89)
- Pharisees and Sadducees**
 - Thieves and robbers
 - Priests and Bishops
 - Money changers and Merchants.
20. Which of these is NOT a promise made in the Abrahamic Covenant? (L3 P17)
- The promise of Land
 - The promise of descendants
 - The promise of blessings and redemption
 - The promise of kingship**
21. By faith this person did not experience death but was directly taken to heaven. (L23P120)
- Enoch**
 - Abraham
 - Isaac

- d. Joseph
22. Who were the first non-Jewish people (Gentiles) to believe and follow Christ? **(L24P125)**
- Timothy
 - Cornelius the Centurion and his household.**
 - Saul
 - Ethiopian eunuch, a court official of Candace, queen of the Ethiopians
23. Hebrews 11:3 says, “By _____ we understand that the worlds were prepared by the word of God, so that what is seen was made from things that are not visible.” **(L23 P112)**
- Faith**
 - Love
 - Wisdom
 - Blessing
24. _____ means a group of people called out for a purpose. **(L5 P23)**
- Holy
 - Ecclesia**
 - Qadosh
 - Catholic
25. The Jewish name for Esther, Hadassah, means _____. **(L10 P53)**
- Aloe
 - Myrtle**
 - Fragrant
 - Beauty

Section 2: Short Answers

Answer any four (4 out of 6) of the following questions. Answers should be brief and to the point. (4 x 5 = 20 Points)

- What are the positive characteristics of Esther? List at least 5. **(1 pt each) (L10)**
 - Esther was obedient**
 - Esther was submissive**
 - Esther was sincere**
 - Esther had a grateful heart**
 - Esther was humble**
 - Esther believed in Divine power**
 - Esther was courageous**
 - Esther was patient**
- Based on the parable in Luke 14:15-24, what are some of the truths that can be explained by the Kingdom of God? List at least 5. **(1 pt each)(L16)**
 - The Kingdom of God is a great treasure. It is very difficult for the rich to inherit the Kingdom of God as they love their wealth more than God.**
 - The Kingdom of God belongs to the children. If you are not born again, you cannot see the Kingdom of God.**

- **Everyone is welcome to the Kingdom of God. If the chosen people, the invited ones, do not turn up, God in His mercy, takes in even the least deserving among the people.**
 - **The Kingdom of God is a just society where God rewards everyone according to His mercy.**
 - **The Kingdom of God is like yeast or a small seed. A small quantity of yeast ferments the whole flour, and a small seed grows into a big tree that gives shade and shelter to many.**
 - **The Kingdom of God is of the past, present, and future. Jesus makes clear that the Kingdom of God is open to all regardless of wealth, creed, race or gender. The only requirement is that you accept His call.**
3. Explain the steps in the humility of Christ, as traced by Paul.(4 pts). How did Paul treat those who persecuted him? (1pt)(L22)
- Jesus Christ's humility can be seen as follows:**
- **He emptied Himself, laying aside the independent use of His own attributes as God.**
 - **He permanently became a human, in a sinless physical body.**
 - **He used that body to be a servant.**
 - **He took that body to the cross and willingly died.**
- Paul never opposed those who persecuted him, but followed Christ's example "Just as the Son of Man comes not to be served, but to serve, and to give His life a ransom for many"**
4. What are the three main promises in the Abrahamic Covenant? (3 pts)
What were some of the key characteristics of Abraham's faith? (2 pts) (L23)
- **The three promises in Abrahamic Covenant are:**
 - **The promise of Land – Canaan.**
 - **The promise of descendants - God said, "I will make you a great nation."**
 - **The promise of blessing and redemption - God said, "I will bless those who bless you, and curse those who curse you and in you all the families of the earth shall be blessed.**
 - **Characteristics of Abraham's faith:**
 - **Abraham was faithful and obedient to God; he was even ready to sacrifice his first-born son Isaac for God.**
 - **Abraham is known for his blind faith in God. His faith in God did not shake because his eyes were fixed on the Lord.**
5. What are the ten plagues that God sent upon Egypt to persuade Pharaoh to free the Israelites. List them in order (0.5 pts. Each) (L4)
- **Water turned to blood**
 - **Frogs**
 - **Lice (gnats)**
 - **Flies**
 - **Diseased Cattle**
 - **Boils**
 - **Hail**
 - **Locusts**
 - **Darkness**

- **Death of first – born children**
6. The Holy Spirit helps us live a blessed Christian life. Explain the works Holy Spirit in our lives. **(L15) (1 pt each)(L15)**
- **The Holy Spirit convicts us of sin, righteousness and of judgement.**
 - **The Holy Spirit transforms us in the sight of God.**
 - **The Holy Spirit helps us understand and remember the word of God.**
 - **The Holy Spirit helps us lead a godly life.**
 - **The Holy Spirit is our guarantee of eternal life with God.**
 - **The Holy Spirit empowers us to be witnesses of Lord Jesus Christ.**

Section 5: Memory Verse

Complete **any five (5 out of 7)** of the following in the sheet provided. (5 x 5 = 25 Points)

1. God is **our refuge and strength, a very present help in trouble. Therefore we will not fear though the earth should change, though the mountains shake in the heart of the sea.** Psalm 46:1-2 **(L4)**
2. “The spirit of the Lord is upon me, **because he has anointed me to bring good news to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind,** to let the oppressed go free. Luke 4:18 **(L18)**
3. For you are a people **holy to the Lord your God; the Lord your God has chosen you out of all the peoples on earth to be his people,** his treasured possession. Deuteronomy 7:6 **(L5)**
4. For he says, "**At an acceptable time I have listened to you, and on a day of salvation I have helped you.**" See, now is the acceptable time; see, now is the day of salvation! 2 Corinthians 6:2 **(L14)**
5. When the Spirit of truth **comes, he will guide you into all the truth; for he will not speak on his own, but will speak whatever he hears, and he will declare to you the things that are to come.** John 16:13 **(L15)**
6. Be careful then **how you live, not as unwise people but as wise, making the most of the time, because the days are evil.** Ephesians 5:15-16 **(L20)**
7. Do nothing from **selfish ambition or conceit, but in humility regard others as better than yourselves. Let each of you look not to your interests, but to the interests of others.** Phil. 2:3-4 **(L22)**

Section 6: MTC Foundation & Vision Multiple Choices

Circle the most appropriate response for the following questions. (10 x 1 = 10 Points)

1. The vestment that the priest wears during the Holy Qurbana is known as the _____ . **(MTFV L3 P159)**
 - a. Haikala
 - b. Tableetha
 - c. **Kappa**
 - d. Taksa

2. The Day of Ascension is observed on the _____ day after Easter to commemorate Jesus' final appearance to his disciples. **(MTFV L4 P163)**
- 10th
 - 20th
 - 30th
 - 40th**
3. Because the whole Gospel of Christ is for the entire world, the Church is _____.
(MTFV L5 P168)
- Holy
 - Catholic**
 - Apostolic
 - Orthodox
4. We use the St. James liturgy which is largely connected to the gospel of _____.
(MTFV L2 P154)
- Matthew
 - Mark
 - Luke
 - John**
5. _____ is a statement of the basic faith of the Christian church. **(MTFV L5 P169)**
- Nicene Creed**
 - Lord's prayer
 - Benediction
 - Bible
6. The smoke coming from the incense represents what kind of presence? **(MTFV L3 P158)**
- Presence of the priest celebrating Communion
 - The Divine congregation of man and God
 - The Divine and presence of the Lord**
 - All of the above
7. What does it mean that the Holy Trinity is a dynamic present reality?
- It means that even though there are three modes in the trinity, they work together as one dynamic reality**
 - It means that Jesus was very famous and dynamic when he was living in the world.
 - It means that God always acts in the world through three famous christian leaders.
 - None of the above
8. Madbaha means _____.
(MTFV L3 P158)
- Stone
 - Light
 - Incense

d. Altar

9. The Censer is a vessel for burning incense that in Greek Orthodox tradition will have practice bells that are attached to symbolize _____. (MTFV L3 P159)
- Intercessory Prayer
 - Devotional worship
 - The Holy Trinity
 - The teaching of the twelve apostles**
10. _____ is a 3 day fast for repentance. (MTFV L4 P164)
- The Fast for the apostle's
 - The Great Lent period
 - The Fast of Nineveh**
 - The Good Day fast

Section 7: MTC Foundation & Vision

Answer **any one** (1 out of 3) of the following questions. Answers should be brief and to the point. (5 x 1 = 5 Points)

1. Describe these five symbols (Madbaha, Thronos, Tableetha, Censer, Cross) associated with the Mar Thoma Order of Worship. (1 pt each) (MTFV P158-59)
- **Madbaha:** Madbaha is an Aramaic word meaning an altar to celebrate the Qurbana. Madbaha reminds us of the divine presence of God.
 - **Thronos:** The consecrated table that serves as the altar in the Madbaha is called 'Thronos'. The Thronos is made of stone and is a symbol of divine presence. This is the table,
 - **Tableetha:** It is a small rectangular wooden tablet or board placed upon the thronos. Tableetha can be used as a portable altar. It is kept as a reminder for purity, which is used for the consecration of the elements in the Holy Qurbana.
 - **Censer:** Three chains on censer stand for the Holy Trinity. The bells attached to the chains symbolizes the teachings of the twelve Apostles.
 - **Cross:** symbolizes eternal life granted to humanity through Christ's sacrificial act. It symbolizes light, peace, and the new life received through Christ.
2. Describe at least 5 days observed Valia Noimbu (Great lent) in detail. (1 pt each) (L4 P163)
- **40th Friday:** Friday previous to Palm Sunday. It commemorates Jesus' victory over Satan at the end of 40 days of fasting in the wilderness.
 - **Palm Sunday (Hosanna):** On Palm Sunday the church celebrates Christ's triumphant entry into Jerusalem when the people acclaimed Him as King, hailing and carrying palm leaves in their hands.
 - **Maundy Thursday:** It is the remembrance of the Passover meal. In the New Testament it denotes the last meal of Jesus Christ with his disciples. The Holy Qurbana was instituted on this day by our Lord.
 - **Good Friday:** On Good Friday, the worship continues until 3 pm in several churches, the hour when the Lord died on the cross. During the Good Friday worship, the participants prostrate (lie face down flat on the floor) repeatedly, reminding themselves of the agony and pain of our Lord.

- **Easter Sunday : The Easter day celebration usually begins very early in the morning, proclaiming, “Jesus is risen, Yes, He is risen indeed.” The lent comes to an end with Easter celebrations and all people rejoice that day with feasting and greetings.**

3. State proclamations / acknowledgements in Nicene Creed that refers to:
 - a. Father Almighty (1 Pt)
 - b. Jesus Christ (1 Pt)
 - c. Baptism (1 Pt)
 - d. Name any four churches that acknowledges Nicene creed. (2 Pt)

(MTFV P167-168)

- **A - We believe in one true God, the father Almighty, maker of heaven and earth and of all things visible and invisible. (1pt)**
- **B - We believe in one Lord Jesus Christ, the only begotten Son of God. (1pt)**
- **C - We acknowledge one baptism for the remission of sins and look forward to the resurrection of the dead and the new life of the world to come. (1pt)**
- **D - The Marthoma church joins the Eastern Orthodox, Anglicans, Lutherans, Calvinists, Roman Catholics and other Christian churches in the belief of the Nicene Creed. (2pts)**

Section 6 – Essay

Choose **one** of the following two topics (1 out of 2) to write an essay in approximately 150 to 250 words (10 points):

1. From the story of Daniel in a foreign land, we learn that we are God’s children in every experience of our lives. Based on this story, answer the below questions: **(L11)**
 - a. Who was Daniel, Hananiah, Mishael and Azariah? **(2pts)**
 - b. What was the difficult situation they had to deal with while they were captives in a foreign land? **(2pts)**
 - c. How strong was their faith and obedience to their religious practices and why did they decide to defy the King’s order? **(4pts)**
 - d. How did God bless them for standing up for their faith? **(2pts)**
 - **Daniel, Hananiah, Mishael and Azariah were four noble, handsome young Hebrew men from the royal family who were taken as captives by King Nebuchadnezzar to Babylon. They were selected to serve in the Royal palace because they had no physical defect, were well versed in every branch of wisdom and were endowed with knowledge and insight and were competent to serve in the king’s palace.**
 - **First of all, their Hebrew names were changed to Babylonian names. Then they were offered food and wine from the King's table which was not prepared according to Jewish religious practice. So, they did not want to defile themselves by indulging in the Royal food and wine.**
 - **They asked the Palace master permission not to eat the Royal food and instead test them with vegetables and water for 10 days. Although refusing to follow the King’s order meant death, they decided to remain steadfast in their faith and religious practices rather than polluting their bodies with food that was not prepared according to Jewish Law as described in Leviticus 7:12**

- After the 10 days test period, they were compared to the other young men who ate from the Kings' table but Daniel, Hananiah, Mishael and Azariah were found healthier and superior in appearance than the men who ate the royal food. God blessed the men by giving them knowledge and understanding and Daniel could understand dreams and visions. When the king talked to them, he found none equal to them and they were stationed in the King's court. They were found to be 10 times better in wisdom and intelligence than all the enchanters and magicians in the whole kingdom.
2. Write about the incident of Isaiah's vision: (L8 P46-47)
- a. What was the vision? (3pts)
 - b. How did Isaiah respond to God's call? (3pts)
 - c. How did the vision lead to a mission in Isaiah's life ? (4pts)
- **Isaiah was in the temple of God when he had the vision. He saw God seated on a high throne, with his robe filling the whole temple. Seraphs were in attendance, each with six wings. With two wings they covered their faces, with two wings they covered their feet and the other two wings were used for flying, ready to do God's will. They called out to one another and said "Holy, holy, holy, is the lord of hosts; the whole earth is full of his glory.**
 - **In the presence of a holy God, Isaiah became aware of his sins. He lamented over his unclean lips. He felt his lips were not pure enough to praise God in the presence of the seraphs. Isaiah humbled himself before God and his penitence made him worthy to stand in God's presence.**
 - **When Isaiah saw God, he humbled himself and confessed that he was a man with unclean lips. The seraph then touched Isaiah's mouth with a burning coal and told him that he was cleansed from his sins. Now Isaiah heard God's voice for the first time. God's work wants to be done and He asked Isaiah "Whom shall I send and who will go for us ?" Isaiah answered without hesitation "Here am I, send me". Isaiah offered himself in response to God's call to go and speak to the wicked and stubborn people of Judah about their doom and eventual restoration of a remnant. Thus the vision lead to a mission in Isaiah's life.**