



MAR THOMA DIOCESAN SUNDAY SCHOOLS
DIOCESE OF NORTH AMERICA AND EUROPE

Grade 10 - 2022 Diocesan Examination

Time: 90 Minutes

Maximum Score: 100 Points

Section 1: Multiple Choices

Circle the most appropriate response for the following questions. (25 x 1 = 25 Points)

1. The concept that God formed the universe out of nothing can best be described by creation: **(L1 P8)**
 - a. A priori
 - b. Ex nihilo**
 - c. Ceteris paribus
 - d. None of the above

2. Which does NOT describe Ruth? **(L7 P43)**
 - a. A Moabite
 - b. Sister of Orpah**
 - c. Gentile
 - d. married to an Israelite

3. Bring the full _____ into the storehouse, so that there may be food in my house **L23 P125**
 - a. Tithe**
 - b. Glory
 - c. Honor
 - d. Respect

4. The focus of the _____ is reward based on the level of spiritual experience and relation with God rather than material recompense. **(L12 P66)**
 - a. Beatitudes**
 - b. Pentecost
 - c. Resurrection
 - d. Ascension

5. Daniel, Shadrach, Meshach, and Abednego belonged to which tribe? **(L8 P49)**
 - a. Simeon
 - b. Zebulun
 - c. Judah**
 - d. Benjamin

6. What does Justification mean according to James? **(L9, P53)**
 - a. Grace of Christ
 - b. Faith in what we do not see
 - c. Demonstrated to be Right**
 - d. Faith and good deeds

7. What does the name Jacob mean? **(L7 P43)**
- Deceiver
 - Liar
 - Younger
 - Supplanter**
8. During the reign of King Darius, the word of the Lord came by prophet Haggai to whom? **(L11 P60)**
- Sheattiel and Joshua
 - Zerubbabel and Jehozadak
 - Joshua and Zerubbabel**
 - Cyrus and Zechariah
9. In which battle did more enemies of Israel die by a hailstorm sent by God, than by the sword of the Israelites? **(L6 P37)**
- Gibeon**
 - Sinai
 - Lebanon
 - Jerusalem
10. Jacob recognized that the Lord was in this place, formerly called Luz, and renamed it to: **(L7 P43)**
- Bethel**
 - Bethany
 - Babylon
 - Israel
11. “Is it a time for you yourselves to live in your panelled houses, while this house (temple of God) lies in ruins?” Who asked this key question? **(L11 P62)**
- Isaiah
 - Ezekiel
 - Haggai**
 - John the Baptist
12. Blessed are the peacemakers, for _____ . **(L12 P65)**
- Theirs is the Kingdom of Heaven
 - They will inherit the Earth
 - They will be called the children of God**
 - They will see God
13. In Luke 19:9, whose house was Jesus referring to when he said “...Today salvation has come to this house.”? **(L25 P138)**
- Mary Magdalene
 - Zacchaeus**
 - John the Baptist
 - Philip

14. In Matthew 19, the rich man who came to Jesus walked away sad because: **(L17 P95)**
- Jesus did not accept him as a disciple
 - Jesus asked him to give all his money to the poor**
 - He did want to suffer with Jesus
 - He was unable to keep the ten commandments
15. King Nebuchadnezzar besieged Jerusalem during the reign of which King? **(L8 P47)**
- Jehoiakim**
 - Asa
 - Josiah
 - Jehoshaphat
16. The “people of the Cross” refers to? **(L17 P93)**
- 12 disciples
 - 21 Martyrs**
 - Prophets
 - Congregation
17. In mark 16: 9 we read that ‘After he rose early on the first day of the week he appeared first to _____’ **(L22 P119)**
- Mary, mother of Jesus
 - Mary Magdalene**
 - Martha
 - Simon Peter
18. Altruism means **(L25 P136)**
- Always telling the truth
 - Unselfish regard for, or devotion to the welfare of others**
 - Loving truth above all things
 - Giving God the glory
19. Which story is **NOT** an example of altruism? **(L25 P138-139)**
- The Widow’s offering
 - The Good Samaritan
 - David and Goliath**
 - Christians at the church in Macedonia
20. After Jesus was crucified, who did Nicodemus help to prepare His body for burial? **(L13 P71)**
- Peter and Simon
 - Mary Magdalene
 - Joseph of Arimathea**
 - John the Baptist
21. Who said “Can anything good come out of Nazareth”? **(L18 P99)**
- Nathanael**
 - Philip
 - Andrew

- d. Peter
22. Who became king at age 9? (L6 P37)
- Jehoiakim
 - Jabez
 - Josiah**
 - Judah
23. The first four known followers of Jesus as recorded in John's gospel are: (L18 P102)
- Simon Peter, Andrew, James and John
 - Andrew, Simon Peter, Philip and Nathanael**
 - Simon Peter, Philip, Bartholomew and James
 - John, James, Judas and Simon Peter
24. Which of the following was not a group John the Baptist's ministry addressed? (L14 P76)
- Wealthy people
 - Shepherds**
 - Soldiers
 - Tax Collectors
25. To what did Jesus compare "born of the Spirit" in his conversation with Nicodemus? (L13 P72)
- Wind**
 - Thunderstorm
 - Fire
 - River

Section 2: Short Answers

Answer any four (4 out of 6) of the following questions. Answers should be brief and to the point. (4 x 5 = 20 Points)

- List at least four losses Job suffered (4 pts) and what was his reaction to these events (1pt)?(L5 P32-33)
 - **Four Losses:**
 - **1. The Sabeans carried off the donkeys and oxen and killed the servants.**
 - **2. The fire of God fell from heaven and burned up the sheep and the servants.**
 - **3. The Chaldeans conducted a raid and carried off the camels.**
 - **4. While Job's children were feasting in their elder brother's house, a wind caused the house to collapse and they died.**
 - **Reaction:**
 - **Job's reaction - Upon hearing this, Job arose, tore his robe, shaved his head, and fell on the ground and worshipped him**
- What are the five pieces of the "Armor of God"? Describe each piece of armor. (1 pt each) (L15 P84-85)
 - **Belt of Truth - Reflects sincerity in action and character; Fidelity to an original or to a standard and in accordance with fact. The truth is something that is truth in God's eyes. Paul writes of it as a belt as something that holds everything together.**

- **Breastplate of Righteousness – Righteousness is the quality of being morally right or justifiable before God. The breastplate of righteousness allows us to remain upright and unscathed by the temptations/challenges of the world – similar to how the breastplate on a soldier protects his torso and vital organs from enemy attacks. Truth and righteousness should be the foundation of our character.**
- **Shield of Faith – Faith is defined as complete trust or confidence in something or someone. Faith in God is a powerful shield against everyday challenges. The Shield of Faith only works when used effectively.**
- **Helmet of Salvation – Salvation is deliverance from sin and its consequences, brought by the sacrifice of Christ on the cross. Salvation becomes the basis of our victory against the enemy, the reason for our perseverance, and what we share with those who encounter us.**
- **Sword of the Spirit (Word of God) – The Bible and the word of God is a powerful offensive tool against the temptations and arguments of the world. Studying the word of God is crucial to Christian life.**

3. List and discuss 5 ways to live a Christ centered life. (1 pt each) (L17 P94)

- **Christ has to be your Lord and Savior first.—You need to know Jesus as your personal Savior. Accept the gift of salvation which was offered to us through grace by His death on the cross. We must be willing to allow Christ into our lives to transform our hearts and minds. We must be willing to let go and let God control our path and destiny, knowing that He has a better plan for our lives.**
- **Reading the Bible and prayer—The Bible is God’s instructional manual for us to live by. We need to read, study and understand its powerful message. Prayer is a powerful way of communicating with God and it expresses our reliance on Him to help us amidst our weaknesses, doubt and worries about the future.**
- **Obedience to His will—Obedience relates to every aspect of our lives, our relationship with our family and friends, our jobs, our future. Everything must be surrendered to God’s plan. Through obedience to Christ, we come to really know Him and He makes Himself real to us.**
- **Doing/Serving—In the service of helping others, we should act the way Jesus would and we should love as Jesus loves. Service to others, showing love, compassion and kindness to others is a vital part of living out our faith. Jesus reminds us that He came to the world not to be served but to serve (Mark 10:45). Galatians 6:2 reminds us “bear another’s burdens and in this way you will fulfill the law of Christ”**
- **When you fall, backslide and make mistakes, get up, repent and continue to seek Christ. The Christian walk is compared to a fight and race in the Bible. Our goal is to keep fighting and running the race to completion with Christ as the center of our life.
(2 Timothy 4:7)**

4. What does altruism mean? (1pt) Describe the circumstances the Macedonians were in when they gave to the poor of Jerusalem? (3pts) What does it mean to give generously and joyfully? (1pt) (L25 P136-139)

- **Altruism is an unselfish regard for or devotion to the welfare of others.**

- The church in Macedonia gave to those in need despite their personal circumstances of persecution, flogging and imprisonment. They had sustained a severe ordeal of afflictions. Paul has written that the believers in the region of Macedonia had given generously to meet the needs of the suffering Christians in Jerusalem. Despite affliction and poverty, they gave beyond their means.
 - To give generously and joyfully means to provide regardless of personal circumstances. Even when you have so little, you still want to share what you have. The parable of the Good Samaritan shows how the Samaritan gave his time, money, and resources to help a person in need.
5. What were the promises given to Joshua by God? (3.5 pts) Why were the battles that Joshua was involved in special? (1.5 pts) (L6 P35-37)
- In Joshua 1, God tells Joshua to go and inherit the land; however, the Israelites would need to fight for it. God assured Joshua the following promises:**

- His Presence – (Joshua 1:5) — “as I was with Moses, so I will be with you.”
- His Power – (Joshua 1:5) – “No one will be able to stand up against you all the days of your life.”
- His Providence – (Joshua 1:7) – “Being careful to act in accordance with all the law that my servant Moses commanded you; do not turn from it to the right or to the left, so that you may be successful wherever you go.”
- His Provision – (Joshua 1:3) –“ Every place that the sole of your foot will tread upon I have given to you, as I promised Moses.”
- His Protection – (Joshua 1:9) – “Be strong and courageous. Do not be frightened or dismayed; for the Lord your God will be with you wherever you go.”

The battles that Joshua was involved in were special because he depended upon God and let his faith guide him without questioning God’s instructions. Joshua’s victories as a commander were not a result of being a brilliant military leader, rather following God’s plans closely and giving Him praise. Joshua’s leadership qualities are seen in his home, serving the Lord which enabled him to be an example to the Israelites.

6. Compare Job’s life situation before his trial and after his trial. (5 pts) (L5 P30-31)
- Job was a wealthy man . He was blameless and upright,One who feared God and turned away from evil.He had 7 sons and 3 daughters.His sons and daughters would hold feasts in one another’s houses .Job would send and sanctify them after the feast days and he would rise early in the morning and offer burnt sacrifices according to the number of them all.
 - In his trial where he lost everything materially except his wife, he did not lose his faith in God. He worshiped God in the midst of tragedy. He did not understand what was going on but he did not blame God for wrongdoing. His friends attributed his suffering to past misdeeds.over all of creation
 - After his trail, when God speaks to Job and His questions illustrate His sovereignty, God asserts that His ways transcend any attempt by human understanding or interpretation.Upon witnessing God’s power and glory, Job is forced to declare in Job 42:3 “Therefore I uttered what I did not understand, things too wonderful for me ,which I did not know. “Job is humbled and at the same time elevated by God and blessed with twice of all he had once lost.

Section 5: Memory Verse

Complete **any five (5 out of 7)** of the following in the sheet provided. (5 x 5 = 25 Points)

1. "I appeal to you **therefore, brothers and sisters, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship.**" Romans 12:1 (L4 P25)
2. He said "**Naked I came from my mother's womb, and naked shall I return there; The LORD gave and the LORD has taken away; blessed be the name of the LORD.**" Job 1:21 (L5 P30)
3. Day by day, **as they spent much time together in the temple, they broke bread at home and ate their food with glad and generous hearts, praising God and having the goodwill of all the people. And day by day the Lord added to their number those who were being saved.**" Acts 2: 46-47 (L23 P130)
4. "I have made **your name known to those whom you gave me from the world. They were yours, and you gave them to me, and they have kept your word.**" John 17:6 (L16 P91)
5. "The earth is the **Lord's and all that is in it, the world, and those who live in it; for he has founded it on the seas, and established it on the rivers.**" Psalm 24:1-2 (L1 P10)
6. "Do nothing **from selfish ambition or conceit, but in humility regard others as better than yourselves.**" Philippians 2:3 (L21 P118)
7. "Then he said to me, "**It is done! I am the Alpha and the Omega, the beginning and the end. To the thirsty I will give water as a gift from the spring of the water of life**" Revelation 21:6 (L24 P135)

Section 6: MTC Foundation & Vision Multiple Choices

Circle the most appropriate response for the following questions. (10 x 1 = 10 Points)

1. Nirmal Hriday means _____. (MTFV L3 P230)
 - a. Sisters of Charity
 - b. Pure Heart**
 - c. Communion and Fellowship
 - d. Servant Ministry
2. What does "diakonial ministry" mean? (MTFV L1 P217)
 - a. Faith ministry
 - b. Ashram
 - c. Servant ministry**
 - d. Koinonia
3. What was the name of a book written by Dr. E. Stanley Jones? (MTFV L3 P228)
 - a. Foundation and Vision**

- b. **The Christ of the Indian Road**
 - c. My Utmost for His Highest
 - d. The Case for Christ
4. What is the first and oldest of the National Missionary movement in India? (MTFV L5 P240)
- a. The Yuvajana Sakhyam
 - b. Edavaka Mission
 - c. Sat Tal
 - d. **The Mar Thoma Evangelistic Association**
5. What is the Greek term used for communion and fellowship? (MTFV L1 P217)
- a. Diakonial ministry
 - b. **Koinonia**
 - c. Omega
 - d. Centripetal ministry
6. Who was the first college graduate to enter the ordained ministry of the Mar Thoma Church? (MTFV L2 P221)
- a. Metropolitan Dr Juhanon Mar Thoma
 - b. Bishop Dr Mathews Mar Athanasius
 - c. **Most Rev Dr Abraham Mar Thoma**
 - d. Most Rev Dr Alexander Mar Thoma
7. Who said “We can do no great things, only small things with great love”? (MTFV L3 P231)
- a. Dr. Alexander Mar Thoma Valiya Metropolitan
 - b. Dr. E. Stanley Jones
 - c. **Mother Teresa**
 - d. William Carey
8. The Mar Thoma Sunday School Samajam was established in _____. (MTFV L5 P240)
- a. **1905**
 - b. 1910
 - c. 1925
 - d. 1930
9. What is the name of the religious order of nuns founded by Mother Teresa? (MTFV L3 P230)
- a. Sisters of Charity
 - b. Asha Bhavan
 - c. **Missionaries of Charity**
 - d. Servant Ministry
10. What was one of the earliest methods of evangelization? (MTFV L5 P241)
- a. Servant ministry
 - b. Destitute homes
 - c. **Ashram**
 - d. Communion and fellowship

Section 7: MTC Foundation & Vision

Answer **any one** (1 out of 3) of the following questions. Answers should be brief and to the point. (5 x 1 = 5 Points)

1. Discuss 2 major contributions each of Dr. Abraham Mar Thoma Metropolitan (**2 pts**) and Dr. Alexander Mar Thoma Valiya Metropolitan (**2 pts**), specifically related to evangelism. Describe their impact on the Mission work of the current Mar Thoma Church (**1 pt**). (L2 P220-225)
 - **Dr. Abraham Mar Thoma Metropolitan - Pioneer in sending missionaries from Kerala to preach gospel to corners of India.**
 - **Established Mar Thoma Voluntary Evangelists' Association (MTVEA) based on understanding that every member is an Evangelist**
 - **Dr. Alexander Mar Thoma Valiya Metropolitan – His mission concept included the centrifugal and centripetal dynamics. Had a prophetic vision, and continuously challenged social evils that weaken the spiritual life of members in the Church and in the community.**
 - **Fought for abolition of use of liquor, eradicate corruption, fight against injustice and inequalities**
 - **Concern for the poor – wanted the Church to be inclusive and uplift the life of the less fortunate; recognized congregations of Mar Thoma Dalits as independent parishes with representation in Mandalam**
 - **Their concern for evangelization and working among the poor is reflected in the number of Missionaries and Evangelists sent out by the Church to various parts of India among marginalized and underrepresented communities.**

2. Who are the two missionaries that came from the West to India? (**1pt**) List some of the major contributions that these missionaries made. (**4pts**) (L3 P227-231)
 - **Two missionaries that came from the West to India are Dr. E. Stanley Jones and Mother Teresa.**
 - **Dr. E. Stanley Jones – was appointed as the “Evangelist-at-large for India and the world”. He was missionary, interpreter of the gospel in the Indian cultural context, friend of Mahatma Gandhi and of the Mar Thoma Church. He wrote the book “ The Christ of the Indian Road”—which adopted a style of Indianizing and de-Westernizing the gospel message in his understanding of evangelism. Dr. Jones started Christian Ashrams in India. In 1930, Jones created his own Ashram at Sat Tal in North India, truly Christian and truly Indian. The Ashram was a place to study the gospel, its implications, relationship to Indian heritage and religions. Provided scholarships for those studying to become priests in the Mar Thoma Church at Leonard Theological Seminary, Jabalpur highlights the necessity for the message of Christ in India to come from an Indian.**

- **Mother Teresa founded the religious order of nuns in Calcutta known as “the Missionaries of Charity”. Her order provides food for the hungry, and operates hospitals, schools, orphanages, youth centers, and shelters for lepers and dying people. It has branches in 50 Indian cities and 30 other countries. The Nirmal Hriday home for the dying destitute opened in 1952 in Calcutta and remains today. Received numerous awards for her humanitarian work, including the Nobel Peace Prize in 1979. She lived a simple life, one that was the epitome of simple faith and humble living. Her actions and her lifestyle were all representative of God’s love and Christlikeness. Mother Teresa passed away on September 5, 1997 and was canonized as St. Teresa.**
3. What are the major organizations of the Mar Thoma Church? Mention the type of evangelistic work done by them? (1pt each) (L5 P240-241)
- **The Mar Thoma Evangelistic Association - established in 1888 is the first and oldest of the National Missionary movement in India. Mar Thoma Voluntary Evangelists Association established in 1924 stresses the importance of witnessing to the members and non-members within the borders of each parish.**
 - **Edavaka Mission - branch of the Mar Thoma Voluntary Evangelists Association at the parish level is known as Edavaka Mission.**
 - **Suvishesha Sevika Sangom – established in 1919 is the Women’s Auxiliary for Witnessing the Gospel**
 - **Yuvajana Sakhyam (Youth League Gospel) - established in 1933 is engaged in the social, educational and service outreach activities of the Church.**
 - **Mar Thoma Sunday School Samajam - established in 1905 nurtures the spiritual growth of children.**

Section 6 – Essay

Choose **one** of the following two topics (1 out of 2) to write an essay in approximately 150 to 250 words (10 points):

1. Wealth can be hindrance to people and become the center of their lives. Write an essay including the following: (L17 P94-95)
 - a. Introduction
 - b. Two Biblical Characters who dealt with great wealth and how they responded to God.
 - c. Our responsibility with our wealth
 - d. Conclusion
 - **The enslavement to money can create hindrances to attaining the Kingdom of God. The craving for wealth and possessions can lead us into all kinds of temptations that take us away from God’s will. While recognizing the dangers inherent in the love of money, the Bible does not view riches or wealth as being evil in themselves.**
 - **The rich young man (Mathew 19: 16-29) asks Jesus, “What good deed must I do to have eternal life?” Jesus tells him to keep the commandments, and he responds that he has done that from his youth. When Jesus says, “Sell your possessions and give the money to the poor, and you will have treasure in heaven; then come, follow me” (Matt. 19:21), the young man walked away sad because this is not the**

answer he expected. He had a strong attachment to his wealth and was unable to let go when the opportunity came. The rich young man could not bring himself to submit to God. Here his wealth was a barrier in his life to reach the Kingdom of God.

- **In Luke 19: 1-10, Zacchaeus was a tax collector who became wealthy by cheating people. After Jesus decided to go to Zacchaeus' home, Zacchaeus voluntarily agreed to give away half of his wealth, and pay back four times of what he cheated people of. Jesus acknowledged this by saying salvation has come to Zacchaeus. Zacchaeus was a sinful man despised by the people. Zacchaeus was trying to find meaning in his life through Jesus. He was eager to know the truth about life and was willing to change his ways after meeting Jesus.**
 - **Those of us who are blessed with wealth beyond our need have a responsibility to share generously with the less fortunate. We should view our wealth as a gift from God, entrusted to us, to carry out His work on earth.**
 - **When money becomes the center of your existence instead of God then it becomes an hindrance to achieving the Kingdom of God. If we are blessed with wealth, then we should be generous in sharing with others in a manner that glorifies God.**
2. Write an essay on how the three biblical characters - Jacob, Joseph and Ruth, went through hardships, but maintained their faith in God. You must include: **(L7 P42)**
- a. Introduction
 - b. Describe the three characters and their struggles
 - c. Conclusion
- **(Introduction can be general - how faith is important)**
 - **Jacob- was a shepherd, tricked his brother, and lied to their faith Issac to receive an inheritance that was not rightfully his, and ran away to his uncle's place in Haran. While on the run, in the desert, he was tired and went to sleep with a stone for a pillow. Through a dream God identified Himself to Jacob, and reminded him of His relationship with his forefathers. When he woke up he recognized the presence of God and called the place Bethel or House of God.**
 - **Joseph - was sold by his jealous brothers as a slave. He refused to succumb to temptation at his master Potiphar's house, but was unfairly framed and put in prison. But even in prison he never lost hope or his faith in God. God was with him, and gave him favor in the sight of the prison warden, and eventually he was brought to a position of great power and authority in all of Egypt.**
 - **Ruth - a moabite woman, married and Israelite. When her husband died, and also his father and brother, Ruth stayed and served by her mother-in-law Naomi's side, even as Naomi's other daughter in law had gone back to her own people. She eventually became one in the lineage of the tribe of David and an ancestor of Jesus.**

- **(Conclusion can be general, tying the 3 stories together)**