



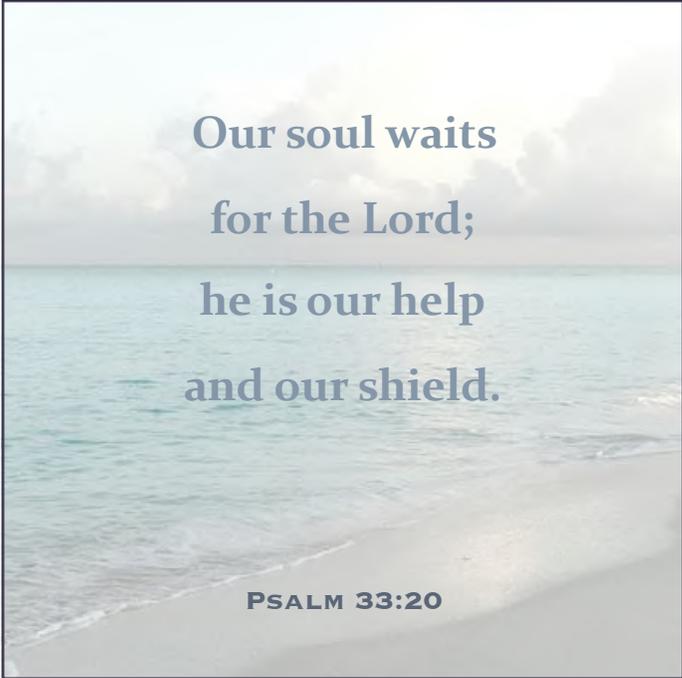
LIGHTHOUSE

July 2020

Horeb Mar Thoma Church, Los Angeles

PSALM 121

I lift up my eyes to the hills –
From where does my help come?
My help comes from the Lord,
who made heaven and earth.
He will not let your foot be moved;
he who keeps you will not slumber.
Behold, he who keeps Israel
will neither slumber nor sleep.
The Lord is your keeper;
the Lord is your shade on your right hand.
The sun shall not strike you by day,
nor the moon by night.
The Lord will keep you from all evil;
he will keep your life.
The Lord will keep your going out and your
coming in from this time forth and
forevermore.



Our soul waits
for the Lord;
he is our help
and our shield.

PSALM 33:20

UPCOMING EVENTS

**Due to COVID-19 restrictions and guidelines, all
Worship Services, Sunday School classes, Prayer
Meetings, etc. will continue to be conducted
online for the month of July.**

Please find more information on Page 4.



Dear Horeb Family,

The year 2020 is half-way through, and we've entered the summer season. Summertime is usually a time we all look forward to – a time of enjoying the outdoors, vacation and travel. The summer breeze and the bright sunshine beckon us to spring out of our homes and be a little adventurous. But alas, we must remember that problems and precautions connected with the pandemic are still very much a part of our lives. As we find ourselves a few days away from July 4th and our nation looks to celebrate the 244th U.S. Independence Day, freedom is something very much being considered in our minds and hearts these days. Social distancing and other COVID-19 restrictions in place for our protection, seem to harbor in our sense of personal freedom and rob us of the fullness of memorable experiences that were possible in the past.

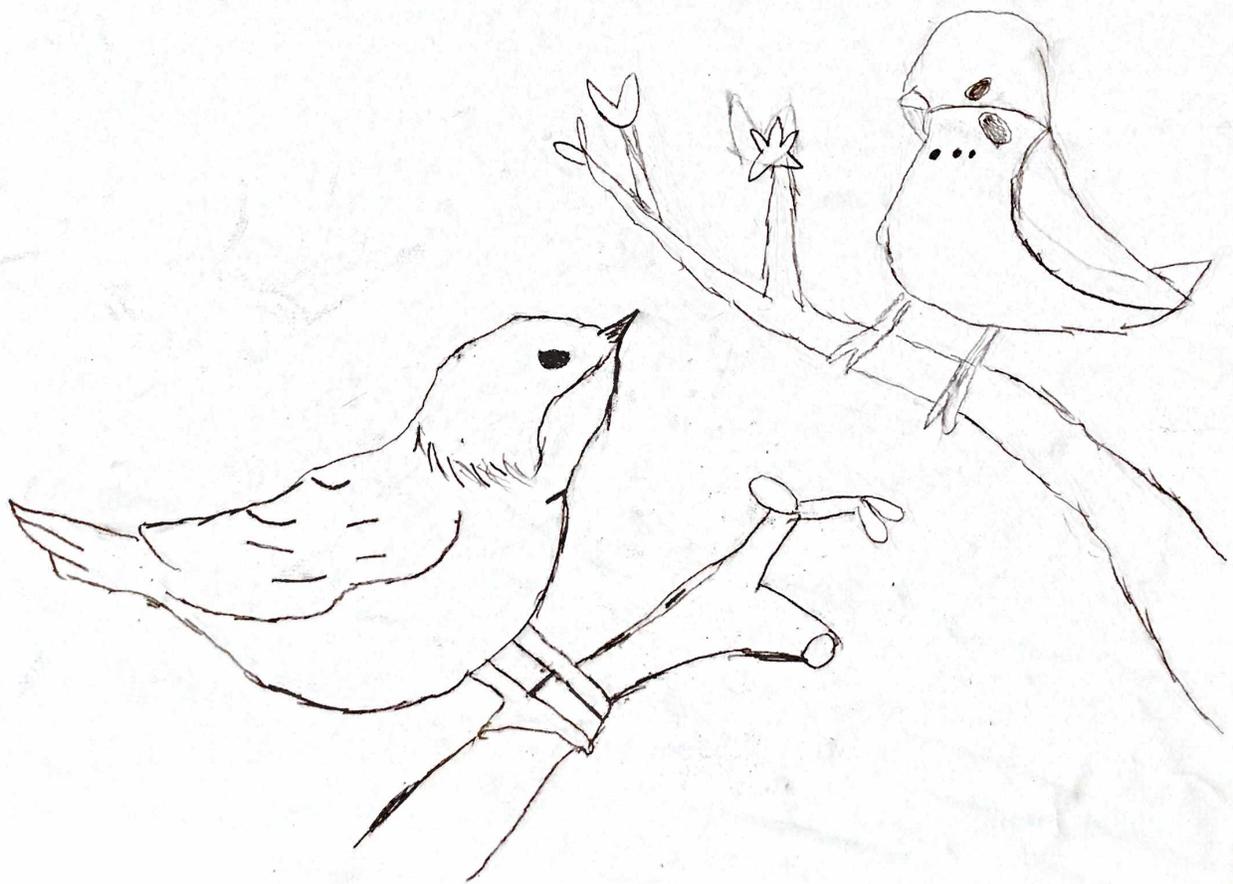
Yet, we need to consider: what is freedom in its true sense? And, have we truly experienced freedom in our lives? Here, let's consider the words of Archie Williams, an African-American man wrongly imprisoned for 37 years in the Louisiana State penitentiary. His reply when asked about how he was able to persevere in his time in prison: "Freedom is of the mind". Nobel Peace Prize laureate Aung San Suu Kyi adds: "The

only real prison is fear, and the only real freedom is freedom from fear." When we live forward in faith over fear, there we are able to experience the true freedom. And true faith is keeping your eyes on God when the world around you is falling apart – to focus on Christ who is above the crisis. Accordingly, our Sunday School is organizing the Virtual VBS centered around the theme, "FOCUS 2020". Let's pray that it may be a blessed experience for our children & youths. This year, let's truly cherish and celebrate the freedom we have in Christ. Stay safe, stay positive, stay strong. May God guide and bless us all.

Yours in Christ,

Rev. Arun Samuel Varghese

So don't be afraid, you are worth
more than many sparrows - Matthew 10:31



By Grace Simon



JULY CALENDAR

All links to the Zoom worship services and teleconference info will be provided via email.

SAT JUL 4	10:00am - 10:45am	Sunday School Summer Session - Zoom
SUN JUL 5	10:15am - 12:00pm	Online Worship Service (English) - Zoom
TUE JUL 7	7:00pm - 8:30pm	Parish Prayer Fellowship/Bible Study - Zoom
FRI JUL 10	7:00pm - 9:00pm	South Area Prayer - Zoom
SAT JUL 11	10:00am - 10:45am 6:00pm - 8:00pm	Sunday School Summer Session - Zoom West Area Prayer - Zoom
SUN JUL 12	10:15am - 12:00pm	Online Worship Service (English) - Zoom; Sunday School Anniversary
TUE JUL 14	7:00pm - 8:30pm	Parish Prayer Fellowship/Bible Study - Zoom
FRI JUL 17	7:00pm - 9:00pm	East Area Prayer - Zoom
SAT JUL 18	10:00am - 10:45am	Sunday School Summer Session - Zoom
SUN JUL 19	10:15am - 12:00pm	Online Worship Service (English) - Zoom
TUE JUL 21	7:00pm - 8:30pm	Parish Prayer Fellowship/Bible Study - Zoom
THU JUL 23 - SAT JUL 25	10:00am - 12:00pm	Virtual VBS - Zoom
FRI JUL 24	7:00pm - 9:00pm	Executive Committee Meeting - Zoom
SUN JUL 26	10:15am - 12:00pm	Online Worship Service (English) - Zoom
FRI JUL 31	7:00pm - 9:00pm	Parish-Wide Prayer - Teleconference info via email

F C U S
O N G O D

VIRTUAL VBS on ZOOM

Thursday, July 23rd - Saturday, July 25th
10:00am - 12:00pm

For ages 3 - 8th grade
Cost: Free!

All information is provided via email

Please take a moment to make contributions to the church via Zelle; this includes Sunday offertory, birthday and wedding offertory, subscriptions, etc. Donations can quickly be made via your mobile bank app or through online banking. The church email for Zelle is treasurer@horebmtc.org or checks can be sent to our Treasurer, Abey Mathews.

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